

SKIF COACHES' MEETING

NOVEMBER 12, 2026
ANTALYA, TURKEY

WELCOME

Welcome to the coaches' meeting also from the Referee Committee!

Please note down your questions – you will have a chance to ask them at the end of the meeting.

The valid rules are the SKIF Rule Book, version July 2023.

The current rules can be found on https://skif2026.org/general-information/skif-tournament-rules/.

DRESS CODE

If possible, the referees will check the karategi / protective equipment before the athletes enter the arena as set out in the rule book. There will be no exceptions!

Coaches are expected to wear their national training suit (no short pants).

COACHES' RULES

One coach per athlete and match.

Coaches are expected to sit on the chair provided for them.

Coaches who act in an unbecoming manner or violate the competition rules can be banned from the competition area.

Only the chief of delegation or the coach of a team may contest a decision to the KANSA and only if a rule was violated. This must be done immediately.

KUMITE RULES (1)

WAZA-ARI is awarded for techniques to the head, face, neck, chest, abdomen or back if they are in good form, correct attitude, vigorous application, zanshin, good timing and correct distance

The end of the bout is signalled by the referee who calls : ”YAME" as soon as he hears the gong. However as mentioned in the rules, there can be no valid score after the gong. The KANSA who sits next to the table with the timekeepers is responsible to check adherence carefully and intervene when needed.

When determining the winner in team bouts, HANSOKU is stronger than IPPON is stronger than two WAZA-ARI.

KUMITE RULES (2)

When a competitor does not want to / cannot fight (KIKEN), the opponent automatically wins.

If one contestant or the coach are cited for prohibited behavior resulting in SHIKKAKU in a team match, the entire team will be disqualified.

Only medical personnel may touch an injured contestant.

A contestant who wins twice with HANSOKU / SHIKKAKU can no longer compete in the kumite categories (individual and team) of the tournament.

Fist pumping is not allowed and will lead to cancellation of the point.

KATA RULES (1)

Kata must be performed with competence and understanding of the traditional SKIF Karate-do principles.

The form must be correct according to SKIF Karate-do.

Disqualification of contestants
- Stopping during the kata
- Performing a different kata than announced
- Loss of own belt

KATA RULES (2)

In SAI-SHIAI the contestants must perform a different kata.

Team kata must start in a triangle facing the SHUSHIN.

Rhythm and timing must not be changed to synchronize the team kata; also, no external signs (breathing, etc.) must be used.

Fist pumping after the win will lead to disqualification.

QUESTIONS & ANSWERS





THANK YOU FOR YOUR ATTENTION!